

## Lesson Plan Mixed Media Self Portraits: You are...you!

This lesson was created in collaboration with Graphic Designer and Illustrator Kiana “Setenza” Henderson.

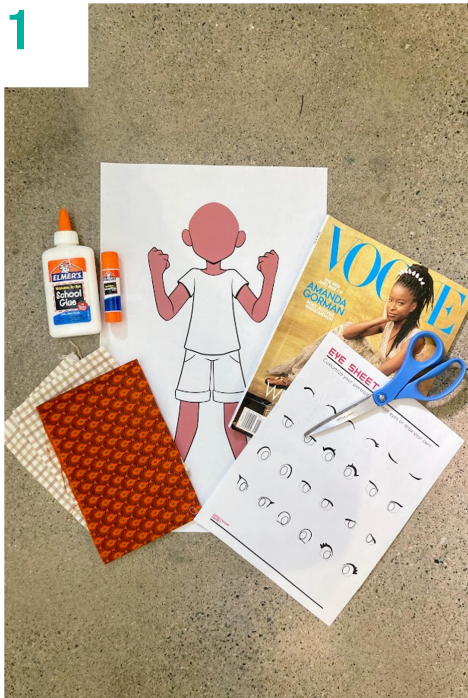
“You are..” is a celebration of oneself. This project invites you to focus on the things you love about yourself and what you enjoy in this moment. You can be accurate, imaginative, or explore things you want to become in the future! What is important is that you enjoy the process of discovering all things you love about yourself because **you are you!**

### MATERIALS

- Scissors
- Glue
- Magazines to cut out
- Felt or fabric
- Printable 8.5 x 11 Paper

### DIRECTIONS

1



Print out or select the body of your choice on 11 x 17 paper.

Print out or select eyes from Kiana's template. Skip this step if you would rather draw the eyes!

2



Using magazines, choose designs or objects you love to create your unique portrait background.

3



Glue or draw on your eyes, nose, mouth and hair! Choose fabric or other mixed media materials for clothes or other fun elements.

Remember: Be creative and have fun! Draw what you feel represents you best!